

You served us.

NOW LET US SERVE YOU

THE MILITARY PROGRAM

UBH

Denton

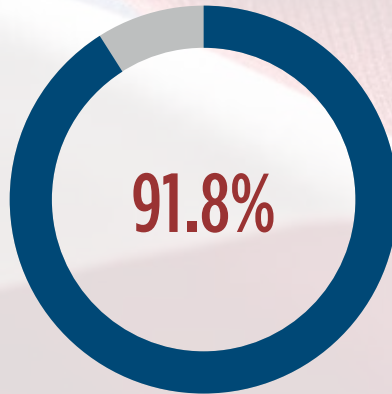
Mental health and substance use services for
Active Duty, Veterans, Retirees and their Families

Available 24/7 * 888-320-8101 * 940-320-8100

We are proud of our High Patient Satisfaction Scores



Overall Patient Satisfaction Score*



of Patients Showed
Improvement After Treatment
PCL-5 Meaningful Improvement

61%
Net Promoter Score



Specialized tracks provided within our program

★ TRAUMA ★

UBH treats PTSD using evidence-based Cognitive Processing Therapy, the gold standard for treatment of PTSD.

★ SUBSTANCE USE ★

UBH offers a detox to save lives and a results-driven method for achieving a life in recovery.

★ SAFE HAVEN ★

Therapy through Safe Haven helps treat harmful, difficult-to-change beliefs that result in self-defeating behaviors.

★ CRISIS STABILIZATION ★

Crisis stabilization helps meet the specific needs of the Service Member to help them get back on the road to success.

2026 W. University Dr., Denton, TX 76201

Our Commitment TO YOU

Our staff has diverse experience working with Service Members in all branches and at every level of the military. We consider it an honor and a privilege to help reclaim the lives of those who serve our nation. Our program is compassionate and non-judgmental.

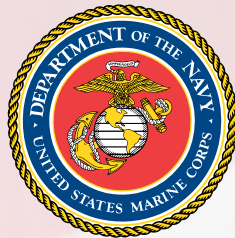
- We have a dedicated military unit with specialty trained staff.
- Streamlined referral process with 24/7 clinical admission team.
- We work with each Service Member to create a customized treatment plan that addresses their challenges and uses their strengths.
- Our clinical and non-clinical staff are trained in military culture, competency, and trauma-informed care.
- Outcome measures for tracking patient progress.
- Comprehensive communication with military treatment facility (MTF) and command for seamless treatment and discharge planning.
- Program Director and therapy team on the unit offering an open-door policy.
- We promote physical fitness daily with a fitness room for military unit.
- Medication management aligned with DOD & VA formulary.
- Chaplain available for spiritual needs.
- Family member participation encouraged.

940-320-8100 * 888-320-8101

OUR PROGRAM FEATURES EVIDENCE-BASED PROGRAMMING WITH A FOCUS ON REINTEGRATION, RESILIENCY AND POST-TRAUMATIC GROWTH.

Commonly treated diagnoses in our program:

- Psychiatric Disorders
- Substance Use Disorders
- Military Sexual Trauma
- PTSD and Combat Stress
- Anxiety
- Grief and Loss
- Depression
- Dual Diagnosis





PATRIOT SUPPORT PROGRAMS

Crisis happens any time and can be addressed quickly by our intake staff. Treatment decisions are typically made within 30 minutes of the initial call.

Intake: 940-320-8100

Toll Free: 888-320-8101



Inspiring Resiliency and Hope

2026 W. University Dr.
Denton, TX 76201



Physicians are on the medical staff of UBH Denton, but, with limited exceptions, are independent practitioners who are not employees or agents of UBH Denton. The facility shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the non-discrimination notice, visit our website.

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