



THE MILITARY PROGRAM REFERRAL FORM

To make a referral, please fax or email this form and any available supporting documentation to:
940-239-0010 (confidential) • sara.gawor@uhsinc.com
Then call Intake at 940-320-8100.

PATIENT INFORMATION

Patient: _____ SSN: _____ DOB: _____

Patient Cell Phone: _____ MOS or Rank: _____ Duty Station: _____

Diagnosis: _____

Program request: Substance Abuse Crisis Stabilization Safe Haven (psych/MST) Trauma

Branch: _____ Patient to deploy: Yes No Anticipated deployment date: _____

Note any UCMJ actions/discharge plans for SM: _____

Transportation assistance needed? Yes No

REFERRING PROVIDER

Referring behavior health provider: _____

Installation: _____ Department: _____

Non-DSN phone: _____ Email: _____

After-hours emergency contact: _____

Please identify any additional contacts who will receive progress updates during the patient stay.
Command updates are automatic. Please note if you prefer we **do not** update command on this case.
OCONUS facilities - please include country code and complete contact numbers.

ADDITIONAL CONTACTS

Home Fort/Base Behavioral Health Dept: _____

Nurse Case Manager or Primary Clinical Contact: _____

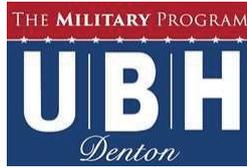
Non-DSN phone: _____ Fax: _____ Email: _____

First Sergeant: _____ Non-DSN phone: _____

POINTS OF CONTACT:

Paul Drew, MSgt, USAF Retired
Military Liaison
paul.drew@uhsinc.com
520-270-8566 (mobile)

Sara Gawor, LCSW
Director of Admissions
sara.gawor@uhsinc.com
940-320-8100, x8177 (office)



Military Unit Packing List

During your stay with UBH, we would like you to be as comfortable as possible while focusing on treatment. Please keep in mind, this is a behavioral health hospital and certain items are not allowed in the facility for the safety of both patients and staff. The following recommended and prohibited items are listed below. Please pack accordingly, and feel free to contact us for further clarification or questions.

Recommended items:

1. Day clothing, 7 days recommended as storage is limited (Washer/dryer available at no charge).
2. Shoes (no shoe strings are allowed on the unit floor).
3. Personal hygiene items, cannot contain alcohol based products or aerosols (toothbrush, toothpaste, shower shoes, deodorant, and female sanitary items, etc.).
4. Pajamas (modest and climate appropriate).
5. Warm clothing (i.e.: Jacket or sweater - No clothing with Hoods or Drawstrings).
6. One-month supply of unopened tobacco products (may only be used during designated breaks as determined by unit schedule).
7. Home medications (will be stored in pharmacy and administered by staff).
8. Recommended athletic shoes and attire for gym activities. These may have shoe strings as they will be secured outside of gym time.
9. Makeup will be kept and available as requested.
10. Razors and electric shavers are permissible (required to be used under staff supervision).

Prohibited items:

1. Electronic equipment is not allowed on the unit (includes cell phones, iPods, laptops, DVD players, earphones, beepers, alarm clocks, radios or recording devices).
2. Shoestrings, drawstrings, and belts
3. Boots
4. Hairdryers, curling irons, flat irons, etc.
5. No clothing with inappropriate artwork or language (alcohol, drugs, sexual or violent phrases or images).
6. Jewelry (with the exception of wedding rings).
7. Items with any sharp edges or points, any items with glass or containing flammable liquids
8. Drugs and/or alcoholic beverages not allowed on premises.
9. Knives, guns or any weapons.
10. Binders or notebooks with metal spirals.
11. Mirrors, nail files, or clippers.
12. Needles, hooks, or wire/plastic hangers.
13. Stuffed animals.
14. Blankets, and pillows (provided by UBH).

All valuables should be left at home and not retained at UBH. Individuals are fully responsible for personal items. Items that must be secured at the facility will not be accessible throughout the length of stay unless requested on specified days. Also, please be aware that patients are here for different reasons and therefore may have additional restrictions. Because of this, we ask that you do not share or provide any of your personal possessions to other patients.